

CERTIFICATE OF PARTICIPATION

This is to certify that

Deirdre Laruis

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:03:10

PACE 06:18/km

GENDER 32 of 130

OVERALL 104 of 287

70+ 1 of 1

04 December 2016, Sun

Date



BoutTime

Signature

